



# **Test blood glucose**



Remove a test strip from the spill-resistant container. Close the cap tightly.



Insert the metallic end of the test strip into the meter.



Touch the **yellow edge** of the test strip to the blood drop.



The test result appears on the display in less than 4 seconds.

# Connect the Accu-Chek Guide meter to the mySugr app



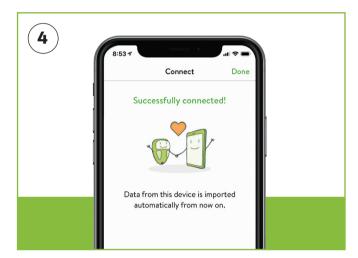
Using your smartphone, **download the mySugr app** from the App Store or Google Play and **create your mySugr account**.



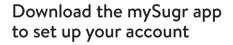
Turn on *Bluetooth®* on your smartphone (if it's not on already).



Open the mySugr app, and select **Connections** on the menu. Select **Accu-Chek Guide**, and then **Connect now**. Follow the step-by-step directions for pairing.



After your meter is successfully connected to the mySugr app, data from your meter is imported automatically. Now you can easily keep your diabetes data under control!





### www.accu-chek.com/guide



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#### **Add comment**



 After performing a blood glucose test, press **OK** to add a comment, if desired.



2. The Add Comment menu appears. Press ▼ to highlight the desired comment. Press **OK** to select.

## View your logbook



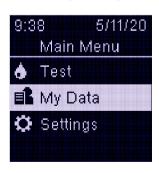
 From Main Menu press to highlight "My Data." Press **OK**.



- Press **OK** again to select Logbook.
- 3. To view details about a result, highlight the result and press **OK**.



# View target range percentage



Note: Target Ranges must be set in meter to review Target % results.

From Main Menu press
 to highlight My Data.
 Press **OK**.



Press **OK** again to select "Target %."



 To view details, highlight desired category and press
OK. Then select a time period.



4. View your results.

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