



Testing blood glucose



Always wash your hands with warm, soapy water and dry them thoroughly before beginning a test.

Remove a test strip from the spill-resistant container. Close the cap tightly.



Insert the metallic end of the test strip into the meter.



Touch the **yellow edge** of the test strip to the blood drop. Remove your finger from the test strip when "Analyzing" appears on the display.




The test result appears on the display in less than 4 seconds.

Changing the batteries


It's easy to change the batteries in your Accu-Chek Guide meter. Don't worry—your logbook data will be saved as you remove and replace them.


1




Open the battery door on the back of the meter by pushing the tab in the direction of the arrow and pulling the door up.


2



Release the old batteries by pressing the  button. Remove the old batteries.

3



Slide the new batteries under the black tabs and  button, with the **(+)** side facing up. Put the battery door back in place and snap it closed.

Note

- The meter uses two 3-volt lithium batteries, coin cell type CR2032. This type of battery can be found in many stores. It is a good idea to have spare batteries available.
- Always replace both batteries at the same time and with the same brand.



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Roche Diabetes Care GmbH · Sandhofer Str. 116 · D-68305 Mannheim

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